





 <b>Eskom</b>	<b>Standard</b>	<b>Technology</b>
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## 1. Introduction

Working at height is a significant composition of work within Eskom Distribution and Transmission. Working at height is a high-risk activity, and as such, all precautions must be taken to prevent incidents while working at height.

## 2. Supporting clauses

### 2.1 Scope

This plan defines the framework that must be followed to ensure that work at height is carried out safely in terms of Eskom's Safety Health Environment and Quality (SHEQ) Policy and legislative requirements.

#### 2.1.1 Purpose

The objective of this plan is to outline the process and ensure that a common management approach is adopted throughout Eskom Distribution and Transmission.

This is to establish minimum guidelines and requirements to provide prevention and protection against fall from elevations. This is also to comply with minimum standards of training.

#### 2.1.2 Applicability

This Fall Protection Plan shall apply to ESKOM Distribution and Transmission where working at height is conducted by Eskom. This Plan and any other applicable legislative requirements are applicable to any work performed above a stable work surface or where a person puts himself/herself in a position where he/she exposes himself/herself to a fall, whether a fall from or into.

## 2.2 Normative/informative references

Parties using this document shall apply the most recent edition of the documents listed in the following paragraphs.

### 2.2.1 Normative

- [1] ISO 9001, Quality Management Systems.
- [2] Occupational Health and Safety Act and Regulations, Act 85 of 1993.
- [3] Environmental, Occupational Health and Safety Incident Management Procedure 32-95
- [4] Medical Surveillance Procedure 240-84733329
- [5] Eskom SHEQ Policy 32-727.
- [6] Working At Heights Procedure 32-418.
- [7] Construction SHE Management Procedure 32-136
- [8] Eskom Life Saving Rules Standard 240-62196227.
- [9] OHS Roles and Responsibilities and Statutory Appointments 240-62582234.
- [10] Unit Standard 229994 – Assess a worksite for work at height and prepare a fall protection plan.
- [11] Unit Standard 229998 - Explain and perform fall arrest techniques when working at height.
- [12] Unit Standard 229995 - Install, use and perform basic rescues from fall arrest systems and implement the fall protection plan
- [13] PPE for Work at Heights Specification - 240-100979499
- [14] Fall Arrest Check Sheet 240-103139003
- [15] Occupational Health & Safety Risk Assessment Procedure 32-520

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**2.2.2 Informative**

- [16] SABS EN 353-1:1992, Personal protective equipment against falls from a height – Guided type fall Arresters on a rigid anchorage line.
- [17] SABS EN 353-2:1992, Personal protective equipment against falls from a height – Guided type fall Arresters on a flexible anchorage rope.
- [18] SABS EN 354:1992, Personal protective equipment against falls from a height – Lanyards
- [19] SABS EN 355:1992, Personal protective equipment against falls from a height – Energy absorbers
- [20] SABS EN 358:1992, Personal equipment for work positioning and prevention of falls from a height Work positioning systems.
- [21] SABS EN 361:1992, Personal protective equipment against falls from a height – Full body harness
- [22] SABS EN 362:1992, Personal protective equipment against falls from a height – Connectors
- [23] SABS EN 363:1992, Personal protective equipment against falls from a height – Fall Arrest System

**2.3 Definitions**

**2.3.1 General**

Definition	Description
<b>Competent person</b>	Competent person for any task means a person who has acquired, through training, experience, qualifications and/or experience, or a combination of them, the knowledge and skills to carry out that task, provided that where appropriate qualifications and training are registered in terms of the provisions of the South African Qualifications Authority Act, 1995 (Act No. 58 of 1995), these qualifications and training shall be deemed to be the required qualifications and training. " a competent person to be designated to be responsible for the preparation of a fall protection plan."
<b>Employer</b>	Means any person who employs or provides work to any person and remunerates that person or expressly or tacitly undertakes to remunerate him/her
<b>Fall arrest equipment</b>	Means equipment used to arrest the person in a fall, including personal equipment such as a body harness, lanyards, deceleration devices, lifelines, or similar equipment, but excluding single belts.
<b>Fall prevention equipment</b>	Means equipment used to prevent persons from falling from a fall risk position, including personal equipment such as a body harness, lanyards, and lifelines or physical equipment such as guardrails, screens, barricades, anchorages, or similar equipment
<b>Fall Protection Plan</b>	Means a documented plan of all risks relating to working from a fall risk position, considering the nature of work undertaken and setting out the procedures and methods to be applied in order to eliminate and reduce the risk, and must include a rescue plan and procedures
<b>Fall risk</b>	Means any potential exposure to falling either from, off, or into.
<b>FPP Site Supervisor Also known as FPP Developer</b>	For the purposes of the FPP site supervisor, the "site" will be the whole work area (e.g. CNC) and will refer to all sites in the work area. The <u>site</u> supervisor is the <u>work area</u> senior supervisors in Eskom (typically, CNC or Specialised maintenance senior supervisors).

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Definition	Description
<b>Height safety equipment</b>	any equipment used while working at height and includes the following categories: <ul style="list-style-type: none"> <li>• Equipment used to work at height, for example, scaffold, ladders, mobile elevated work platforms, platforms, climbing irons, etc.</li> <li>• Fall prevention equipment</li> <li>• Fall arrest equipment</li> </ul>
<b>Medical certificate of fitness</b>	Means a valid certificate which is issued, in terms of the Construction Regulations, by an occupational health practitioner, who shall be registered with the Health Professions Council of South Africa, provided that such certificate will become invalid, temporarily or permanently, subject to a consultation with a health practitioner, if medical or mental conditions occurred or emerged during the period.
<b>Medical fitness</b>	Means being declared fit to work safely in a fall risk position or such similar environment and being in possession of a medical certificate of fitness
<b>Person in Charge / Responsible person</b>	The person who is responsible on each specific work site for compliance to the FPP requirements.
<b>Risk assessment</b>	Means a process of determining any risk associated with any hazard in order to identify the steps needed to be taken to mitigate, remove, reduce, or control such hazard. A risk assessment is typically a careful examination of what could cause harm to people as a result of a work activity, and it allows you to take the necessary precautions to prevent the harm occurring
<b>Task analysis</b>	The systematic examination of all dangerous/hazardous tasks (work) in order to identify and quantify all the potential and existing inherent hazards to which employees are exposed while the task is being executed
<b>Training records (work at height)</b>	Documented training records that identify the holder as having successfully completed appropriate work at height training and medical fitness and that allows the holder to conduct permitted work.
<b>Work Area</b>	This is the department/section (example CNC)that looks at a geographical working area
<b>Work at height</b>	Any work performed above a stable work surface, or where a person puts himself/herself in a position where he/she exposes himself/herself to a fall from or into. Work at height is; as a result, work in any place, including a place at, above, or below ground level, where a person could be injured if he/she fell from that place. Access and egress to a place of work can also be work at height.
<b>Work Site</b>	This is the actual pole number or work place

**2.3.2 Disclosure classification**

Controlled disclosure: controlled disclosure to external parties (either enforced by law, or discretionary).

**2.4 Abbreviations**

Abbreviation	Description
<b>CNC</b>	Customer Network Centre (Grid or department )
<b>FBH</b>	Full Body Harness
<b>FPP</b>	Fall Protection Plan

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Abbreviation	Description
HIRA	Hazard Identification and Risk Assessment
MEWP	Mobile Elevated Work Platform
OHS Act	The Occupational Health and Safety Act, Act 85 of 1993
PML	Pedestal Mounted Ladder
SHEQ	Safety, Health, Environment and Quality
TM	Task Manual
VMC	Vehicle Mounted Crane
WFH / WAH	Work From Height / Work At Height
WPL	Work Position Lanyard

## 2.5 Roles and responsibilities

### 2.5.1 Employer Responsibilities

- a) Ensure the implementation of the OHS risk management standards and includes the Occupational Health and Safety Risk Assessment Procedure.
- b) Ensuring the development of baseline OHS risk assessments and all other associated risk assessments for all activities and processes in their operating units.
- c) Ensure a Fall Protection Plan is in use for every Work Area.
- d) Ensure Supervisors and Workers are trained.
- e) Designate a competent person to develop a Fall Protection Plan at every CNC/Department.
- f) Ensure all equipment is safe, maintained, inspected and used correctly.
- g) Investigate any anomalies in the system to make recommendations to ensure that such anomalies can be addressed to prevent re-occurrence.
- h) Ensure that Fall Protection Plans are implemented, amended where and when necessary and maintained as required.
- i) Ensure that steps are taken to ensure continued adherence to the Fall Protection Plan.

### 2.5.2 Supervisor Responsibilities

- a) Ensure a Fall Protection Plan is in use for his/her area of responsibility.
- b) Ensure that the Fall Protection Plan is implemented, amended where and when necessary and maintained as required.
- c) Keep a record of all workers trained for the fall protection program and a register of topics discussed.
- d) Ensure all workers were exposed to the Fall Protection Plan and records are available for audit purposes.
- e) Ensure that all WFH Equipment is Inspected, maintained, and used in the recommended methods from the supplier and according to the relevant Unit Standards.
- f) Ensure that all workers are provided with the appropriate WFH equipment and a register of equipment is available for audit purposes.
- g) Ensure that all staff Working at Height is observed at least once annually in the course of their duties whilst Work at Height and records is available for audit purposes.

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- h) Ensure that all workers Working at Height have a valid Medical Surveillance Certificates.
- i) Appointed a competent person to inspect all WFH equipment at least 3 monthly.
- j) Ensure that sufficient staff is trained and declared competent to execute a rescue of a person in the event of an incident.

### 2.5.3 Employee Responsibilities

- a) Ensure that the Fall Protection Plan is understood.
- b) Ensure that all WFH equipment is inspected prior to use.
- c) Ensure that he/she is trained and declared competent prior to WFH.
- d) Ensure that he/she is trained and declared competent to execute a rescue of a person in the event of an incident.

### 2.5.4 Fall Protection Plan Developer

- a) Develop a Fall Protection Plan for the designated area of responsibility (work area).
- b) The FP Plan Developer will ensure that the content for the FPP in their work area is captured, the document template design / structure will not be changed, only the content.
- c) All relevant information will be populated into the FPP Template as per this document.

## 2.6 Process for monitoring

Compliance to this Fall Protection Plan needs to be audited by the respective Sectors/Departments at least annually as part of the annual review process.

## 2.7 Related/supporting documents

- a) Working At Heights Procedure 32-418.
- b) Eskom SHEQ Policy 32-727.
- c) Occupational Health and Safety Act, Act 85 of 1993

## 3. Document content

### 3.1 Work Site Information

#### 3.1.1 Notification of Construction Work

(In this section you need to attach Annexure 2 of the OHS Act 1993 Regulation 4 of the Construction Regulations – Notification of Construction Work) See Annex A

Based on CR 4.1(b): A contractor who intends to carry out any construction work other than work contemplated in regulation 3(1), must at least 7 days before that work is to be carried out notify the provincial director in writing in a form similar to Annexure 2 if the intended construction work will—(b) Include working at a height where there is risk of falling;

#### 3.1.2 Contact Info List

(In this section you need to include the contact information of the relevant staff of the Sector/CNC/Department)



Name	Designation	Cell No	Tel No	E-Mail

**3.1.3 Emergency Services Contact List**

Hospital	
Name of Hospital	
Tel No	
GPS Co-ordinates	
Physical address	

Fire Brigade	
Station	
Tel No	
GPS Co-ordinates	
Physical address	

Ambulance	
Service	
Tel No	
GPS Co-ordinates	
Physical address	

On Site Emergency Team (If Applicable)	
Name/s	
Tel/Cell No's	
GPS Co-ordinates	
Physical addresses	

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**3.1.4 Work area Information**

(In this section you need to include the Address/ Geographical position – If available, Area, Province)

The typical addresses that will be added in this section is the CNC Geographical Area of Responsibility unless you have a team that will be dedicated to a specific site for a specific period)

This information is crucial in the event of an incident to relay the position and information to the emergency services.

CNC/Dept.	Address	GPS Co-ordinates

**3.1.5 Work Site Information**

Each site specific risk assessment will contain the relevant GPS co-ordinates for the work site as per example below.

Work Site / Pole number / structure number	Address (if applicable)	GPS Co-ordinates

**3.1.6 Operation Plan**

(In this section you will include relevant information and Task Manuals that will allow teams to prepare for a job. This will include the various types of structures or working environment where the risk of falling from or into might occur.)

Where applicable and relevant use existing Fall Protection Task Manuals (TM) or develop a method statement which may become a FPP TM if used more frequently.

**3.2 Risk assessment**

**3.2.1 Baseline risk assessor**

Construction Regulation 9.1: A Risk assessment shall be performed by a competent person appointed in writing in line with Construction Regulation 9.1.

(Appointment of the Risk Assessor to be kept in the appointment section 3.3 of this Fall Protection Plan.)

**3.2.2 Layout of Risk assessment**

The layout needs to be in accordance with CR 9.1(a), (b) and (c) which will allow the risks and hazards to be:

- a) Identified
- b) Analysed
- c) Mitigated/Controlled

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**3.2.3 Base Line Risk assessment**

Risk assessments shall be done as per 32-520 - Occupational Health & Safety Risk Assessment Procedure for the Work Site/CNC/Department.

The template to be used is 240-70044602 – Occupational health and safety risks assessment template.

**3.2.4 Work Site specific Risk assessor**

**Work Site Risk Assessments:**

A Risk assessment shall be done daily / per task / site, prior to the starting of any work and shall be recorded as per 34-227 - Pre-Task Planning and Feedback Process.

**3.2.5 Work site Induction**

Based on CR 9 (4) where applicable employees need to attend induction training prior to starting work on a site.

Name	Unique No.	Designation	Signature	Date

**3.2.6 Site Risk assessment and Tailgate / Toolbox Talks**

Based on CR 9.3 and 9.6 employees will be briefed during the scheduled toolbox talks on Risks and Hazards.

**Daily Risk Assessments:**

A Risk assessment shall be done daily prior to the starting of any work and shall be recorded as per 34-227 - Pre-Task Planning and Feedback Process.

Copies of the Daily Risk Assessment risks that were conducted shall be filed and kept for auditing purposes.

When an incident has occurred it shall be filed until the investigation is completed.

**3.3 Designations / Appointments**

The following responsible employees need to be appointed as per applicable Construction Regulations, specifically in line with the FPP. Note other appointments in terms of the OHS Act and CR, must be completed in line with Eskom's policies.

**3.3.1 Fall Protection Plan Developer**

Appointed as per Construction Regulations 10.1(a) – ANNEX B

**3.3.2 Risk Assessor**

Appointed as per Construction Regulations 9.1 – ANNEX C

**3.3.3 Rescuer**

Appointed as per Construction Regulations 10.2(e) – ANNEX D

**3.3.4 First Aider**

Appointed as per General Safety Regulations 3.1 and 3.4 – ANNEX E

**3.3.5 Equipment Controller / Inspector**

Appointed as per Construction Regulations 10.2 (d) – ANNEX F

**3.4 Training**

**3.4.1 Training Requirements**

The training specified below is not an exhaustive list of training, but only the relevant training as per FPP requirements.

**3.4.2 Work at Height worker**

US 22998, HIRA, First Aid

**3.4.3 Work at Height rescuer**

US 22998, 22995, HIRA, First Aid

**3.4.4 FPP Developer**

US 22998, 22995, 22994, HIRA,

**3.4.5 FPP Equipment inspector**

US 22998, 22995, HIRA

**3.4.6 Person in charge / Responsible person**

229998, 229995, HIRA, First Aid

**3.4.7 Training Records**

In this section you will record the relevant training that was done with regards to WFH and copies of relevant certificates. (Fall Arrest, Fall Rescue, Fall Protection Planning, HIRA and First Aid)

Name	Unique No	Designation	Training Received	Date	Signature

**3.5 Health Management Records**

Based on Construction Regulations 10.2(b) employees who perform work in fall risk positions must go through a process of evaluation to determine if they are medical fit to do so. The Fall risk must be specified in the man job specification when Health Screening is performed periodically.

(In this section you need to ensure that all people Working at Height have valid Medical surveillance Certificates as per 240-84733329 – Medical Surveillance.)

### 3.6 Equipment Management

All Work at Height Equipment shall be inspected and maintained as per manufacturer and 32-418 Work at Height Standard.

All Work at Height Equipment shall comply with specification 240-100979499- PPE for Work at Heights Specification.

A person appointed shall perform 3 monthly inspections on all Work at Height equipment as per inspection form 240-103139003 – Fall Arrest check-sheet.

### 3.7 Operating Procedure

All tasks that are performed where there is a Risk of falling from or into shall be done using the relevant Task Manual for the task (if required). To access a work place for the execution of a task, the use of vehicle mounted cranes with personnel cage, scaffolding, cherry pickers, ladders, PML's or MEWP's can be used and shall be used in conjunction with the Unit Standards listed below.

In addition to the performing of the task as per above, the following Unit Standards shall be used to ensure safe access to the place of work, safe execution of the task and to ensure safe descent from the place of work.

- a) Unit Standard 229994 – Assess a worksite for work at height and prepare a fall protection plan.
- b) Unit Standard 229998 - Explain and perform fall arrest techniques when working at height.
- c) Unit Standard 229995 - Install, use and perform basic rescues from fall arrest systems and implement the fall protection plan.

### 3.8 Emergency procedure

- a) Every work site shall have a person readily available to perform a rescue in the event of an incident where a person has fallen from a height and needs to be rescued to a place of safety.
- b) Notify the emergency services in the event that professional assistance is needed.
- c) Every work site shall have a First Aider readily available to perform First Aid in the event of an incident.
- d) Every site shall have a kit readily available to perform a rescue in the event of an incident.
- e) The rescuer needs to assess the incident and determine the method to be used to ensure the fallen person is brought to a place of safety.
- f) There are four commonly used methods to ensure a person is safely rescued in the event of an incident.

All Rescue methods will be performed as per Unit Standard 229995 - Install, use and perform basic rescues from fall arrest systems and implement the fall protection plan.

- 1) Self-rescue  
This will be executed when the person that has fallen is in possession of a Rescue Kit and is fully conscious and in a position to rescue himself or to gain access to a point of safety.
- 2) Buddy Rescue  
This will be executed by the Rescuer when the fallen person is not in possession of a Rescue kit or lost consciousness.
- 3) Remote Rescue  
This method will be used when the fallen person cannot be reached directly and the use of a remote stick is performed to ensure the safety rescue rope is attached to the fallen person.

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- 4) MEWP / Aerial device  
 An aerial device may also be used in this event if it is available for immediate use to ensure the fallen person is brought to safety in the shortest time possible.
- g) Ensure First aid is applied where possible.
- h) Notify the Manager/Supervisor as soon as practical possible.
- i) Ensure that the Annex 1 of the OHS Act Recording and Investigations of Incidents documentation is completed and the Department of Labour is notified.

**3.9 FPP Review Register**

This register will be kept up to date periodically or as and when documents, Risk assessments and the Fall Protection Plan per work area have been revised.

Fall Protection Plan Developer Name	Actions	Date	Fall Protection Plan Developer Signature

**4. Authorization**

This document has been seen and accepted by:

Name and surname	Designation
Andre Bekker	Design Base Maintenance and Operations Manager
Eric Marshall	Chief Engineer Transmission
Russel Shabangu	Manager Lines and Servitudes Transmission
Brando Cupido	Senior Advisor Safety Risk Transmission
Brenda Matsie	Senior Advisor Sustainability
Moses Tebele	Chief Engineer Transmission
Amelia Mtshali	Senior Manager DBOUS

**5. Revisions**

Date	Rev	Compiler	Remarks
Nov 2019	1	CJ vd Merwe	New Document

**6. Development team**

- Soois Dorfling

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- Boreman Risiva
- Corrie van der Merwe
- Mike Voudouris
- Johan v Loggerenberg
- Freddy Werner
- Miuleki Mthembu

## 7. Acknowledgements

Not applicable.

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**Annex A – Notification of Construction Work**

**ANNEXURE 2**

**OCCUPATIONAL HEALTH AND SAFETY ACT, 1993**

**(Regulation 4 of the Construction Regulations, 2014)**

**NOTIFICATION OF CONSTRUCTION WORK**

1. (a) Name and postal address of principal contractor:

\_\_\_\_\_

(b) Name and tel. no of principal contractor's contact person:

\_\_\_\_\_

2. Principal contractor's compensation registration number:

\_\_\_\_\_

3. (a) Name and postal address of client:

\_\_\_\_\_

(b) Name and tel. no of client's contact person or agent:

\_\_\_\_\_

4. (a) Name and postal address of designer(s) for the project:

\_\_\_\_\_

(b) Name and tel. no of designer(s) contact person:

\_\_\_\_\_

5. Name and telephone number of principal contractor's construction supervisor on site appointed in terms of regulation 8(1).

\_\_\_\_\_

6. Name/s of principal contractor's sub-ordinate supervisors on site appointed in terms of regulation 8(2).

\_\_\_\_\_

7. Exact physical address of the construction site or site office:

\_\_\_\_\_

8. Nature of the construction work:

\_\_\_\_\_

\_\_\_\_\_

9. Expected commencement date: \_\_\_\_\_

10. Expected completion date: \_\_\_\_\_

11. Estimated maximum number of persons on the construction site.

Total: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

12. Planned number of contractors on the construction site accountable to principal contractor: \_\_\_\_\_

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13. Name(s) of contractors already selected.

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<hr/> Principal Contractor	<hr/> Date
<hr/> Client's Agent (where applicable)	<hr/> Date
<hr/> Client	<hr/> Date

**THIS DOCUMENT IS TO BE FORWARDED TO THE OFFICE OF THE DEPARTMENT OF LABOUR  
PRIOR TO COMMENCEMENT OF WORK ON SITE.**

**Annex B – Fall Protection Plan Developer (CR10 (1)(a))**

**Authorised Responsible Manager Assignee**

I..... have been assigned by an authorised Responsible Manager with the duty of ensuring compliance with the Occupational Health and Safety Act within my area of responsibility.

I hereby assign you to assist me in the performance of my duties.

**Assignment**

I, *(Add Name Here)* the *Project Manager* for *(Site name)* hereby appoint you *(Add Name Here)* as the Fall Protection Plan Developer for the defined construction work at *(Site name)*.

**Designated Responsibilities and Authority**

In particular you are required amongst others ; to ensure that –

- 1) You are responsible for the preparation of a Fall Protection Plan;
- 2) a risk assessment is conducted for all work performed in a fall risk position;
- 3) the Fall Protection Plan is amended as required;

In support of the above responsibilities you, under this appointment, are authorised with assistance of your immediate manager and fall protection planner to sanction the suspension of activities should the risk be of such a nature that it could have a significant impact on the health and safety of those exposed thereto.

You are required to report any deviations emanating from this appointment, to the Construction Manager and Fall Protection Planner.

This appointment is valid from *(Add start date here)* to the completion of the stipulated construction work.

.....

*Project Manager Signature*

.....

*Date*

**Acceptance of Designation**

**ACKNOWLEDGEMENT OF APPOINTMENT**

I, *(Add Name Here)(Add Unique Number Here)*, hereby accept the above-mentioned appointment as set out above and confirm my understanding of the duties involved.

.....

Fall Protection Plan Developer 10(1)(a)

.....

*Date*

**Annex C – Risk Assessor (CR9 (1))**

**Authorised Responsible Manager Assignee**

I .....have been assigned by an authorised Responsible Manager with the duty of ensuring compliance with the Occupational Health and Safety Act within my area of responsibility.

I hereby assign you to assist me in the performance of my duties.

**Assignment**

I, (Add Name Here) the **Project Manager** for (Site name) hereby appoints you (**Add Name Here**) for (Site name) as the **Risk Assessor** for (Site name).

**Designated Responsibilities and Authority**

- In particular you are required amongst others ; to ensure that you –
- identify the risks and hazards to which any person/s may be exposed;
- analyse and evaluate the risks and hazards identified;
- have documented safe work procedures to mitigate, reduce or control each of the identified risks and hazards;
- and
- Have a monitoring and review plan in place.

You are required to report any deviations to your Construction Manager.

This appointment is valid from (**Add start date here**) to the completion of the stipulated construction work.

.....  
Signature

.....  
Date

**Acceptance of Designation**

I, (**Add Name Here**) (**Add Unique Number Here**), hereby accept the above-mentioned appointment as set out above and confirm my understanding of the duties involved

.....  
Competent person to perform Risk Assessments 9(1)

.....  
Date

**Annex D – Work From Height Rescuer - (CR10.2 (e))**

**Authorised Responsible Manager Assignee**

I have been assigned by an authorised Responsible Manager with the duty of ensuring compliance with the Occupational Health and Safety Act within my area of responsibility.

I hereby assign you to assist me in the performance of my duties in terms of CR 10.2(e).

**Assignment**

I, (Authorised Responsible Manager) .....do hereby designate..... to assist me in the performance of rescuing a person in the event of a fall from height in the following area(s):  
.....

**Designated responsibilities and authority**

- You shall ensure that the Rescue Kit which is assigned to you is inspected on a 3 monthly basis and record your findings.
- You shall ensure that a Rescue Kit is available at times where work is performed and a Fall from Height can occur.
- You shall treat all rescues/injuries/illnesses in accordance with your training received.
- You shall ensure that all treatments are recorded in the first aid book/record sheet.
- You shall familiarise yourself with the Fall Protection Plan for your area of responsibility.
- You shall ensure that all incidents related to Working from Heights shall be reported to you supervisor at the end of each shift where practical possible.
- You shall ensure that the equipment involved in a Work From Height incident needs to be withdrawn from service with immediate effect and be recorded in the equipment register.

The appointment is with effect from.....until it is withdrawn in writing.

.....  
Authorised Responsible Manager Signature

.....  
Date

**Acceptance of Designation**

I, \_\_\_\_\_ do hereby accept the above assigned duties and acknowledge that I understand the requirements of this designation.

.....  
Designated CR 10.2(e) Signature

.....  
Date

**Annex E – First Aider – (GSR 3(4))**

**Authorised Responsible Manager Assignee**

I have been assigned by an authorised Responsible Manager with the duty of ensuring compliance with the Occupational Health and Safety Act within my area of responsibility.

I hereby assign you to assist me in the performance of my duties in terms of GSR 3.

**Assignment**

I, (Authorised Responsible Manager) .....do hereby designate..... to assist me in the performance of rendering first aid and conducting inspections/checks in the following area(s):  
.....  
.....

**Designated responsibilities and authority**

You shall ensure that the first aid box which is assigned to you is stocked with the legally required contents, and that you inspect these boxes on a monthly basis and record your findings.

You shall treat all injuries/illnesses in accordance with your training received.

You shall ensure that all treatments are recorded in the first aid book/record sheet.

You shall familiarise yourself with General Safety Regulation 3.

The appointment is with effect from.....until it is withdrawn in writing.

.....  
Authorised Responsible Manager Signature

.....  
Date

**Acceptance of Designation**

I, ..... do hereby accept the above assigned duties and acknowledge that I understand the requirements of this designation.

.....  
Designated GSR 3(4) Signature

.....  
Date

**Annex F – Equipment Controller / Inspector (CR 10.2 (d))**

**Authorised Responsible Manager Assignee**

I have been assigned by an authorised Responsible Manager with the duty of ensuring compliance with the Occupational Health and Safety Act within my area of responsibility.

I hereby assign you to assist me in the performance of my duties in terms of CR 10.

**Assignment**

I, (Authorised Responsible Manager) .....do hereby designate..... to assist me in the performance of rendering first aid and conducting inspections/checks in the following area(s):  
.....

**Designated Responsibilities and Authority**

- You shall ensure that the requirements of CR 10 2(d) are adhered to.
- You shall ensure that all FAS equipment at your unit is in a good working condition.
- You shall inspect FSA equipment three monthly and shall record your findings on a check sheet.
- You shall ensure that persons at you unit are suitably trained to use FAS equipment, this includes the rescue equipment and system.
- You are to ensure that all unserviceable FAS equipment are to be securely locked away to prevent unauthorised use.
- You are to ensure that FAS Equipment repairs are conducted by an approved authority.

\_\_\_\_\_  
Authorised Responsible Manager Signature

\_\_\_\_\_  
Date

**Acceptance of Designation**

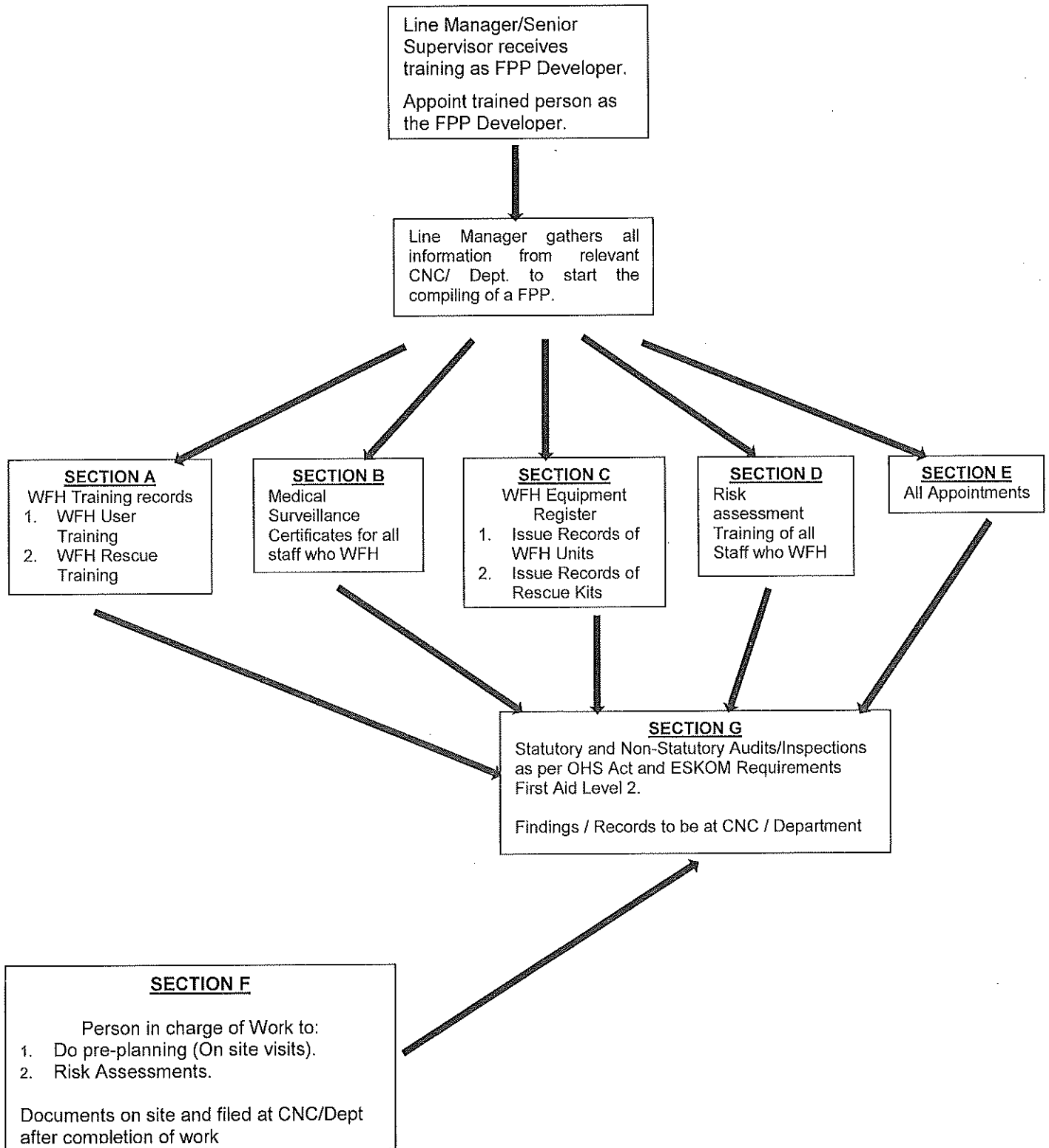
I, \_\_\_\_\_ do hereby accept the above assigned duties and acknowledge that I understand the requirements of this designation.

This appointment is with effect from \_\_\_\_\_ until it is withdrawn in writing.

\_\_\_\_\_  
Inspector of FAS Designated  
CR 10 Signature

\_\_\_\_\_  
Date

**Annex G – Flow Diagram to compile Fall Protection Plan**



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